



## WEEK 3

### DISCUSSION GUIDE

*What If...*

#### THIS WEEK

##### **BIG IDEA**

What if God wants you  
to help others heal?

##### **BIBLE**

John 5:1–9; Micah 6:8;  
Psalm 147:3

#### **ABOUT THIS WEEK**

Artists rarely get things right on the first try, so they learn how to fix their mistakes as they get their artwork to match their vision. This week, we'll look at the time when Jesus noticed a man at a pool and went out of his way to heal him. Jesus' actions remind us of God's vision for the world and invite us to wonder, **what if God wants you to help others heal?**

- If you could only see one color for the rest of your life, which one would it be?
- In addition to physical problems or sickness, what are some things you think people need "healing" from today?
- What do you think about the idea that people may need physical or emotional healing? Do you have experience with either?
- Who in the story do you relate with? The man asking for healing? The crowd gathered around the pool. Why?
- Why do you think Jesus asks, "Do you want to get well?"? Are there times we might need healing from something but don't always want to get well? What are some reasons that might be true?
- How does Micah 6:8 challenge your understanding of following Jesus?
- Like Frida and her art, have you experienced something that God has used to help heal you? Is it something you are still doing it?
- Read Psalm 147:3. How do you need God to heal your heart and bind your wounds? Have you asked God for that help? Why or why not?
- Why do you think it matters that we address the areas that must be made well before we think about helping others heal? Where is one place you need to start asking for healing from God?
- Today, what role can you play in helping others get well? What would it look like for you to start doing that this week?