

SMALL  GROUP

# SMALL GROUP LEADER GUIDE

## Be Humble / Week 1

### BEFORE GROUP

#### BOTTOM LINE

Be confident, be humble.

#### SCRIPTURE

*James 4:6b; 7a; 8a NIV*

*James 4:10 NIV*

*James 4:8 NIV*

#### GOAL OF SMALL GROUP

To encourage students to recognize that confidence and humility can co-exist and to help them see that they can find both by walking closely with God.

#### THINK ABOUT THIS

This series centers on what it means to choose humility, not necessarily in the way the world might suggest, but rather in the way God calls us to live. Because this may be a new or abstract thought for your students, be sure to define that term to get on the same page. For our purposes, humility simply means freedom from pridefulness or arrogance. With that, it's important to note the difference in being prideful and taking pride in something. We aren't asking students not to be proud of what they're good at, or show off their talents, or celebrate their hard work. In fact, it's the opposite! God created those things in them and gave them the very skills they're proud of. That's certainly something to take pride in, and we want to encourage students to not shrink from that under an obligation toward humility. Rather, we want them to see that they can take pride in things with both confidence and humility when they recognize that God, their Creator, is the reason those things are possible in them.

*This guide is a suggestion, not a formula. Adjust the content as needed, and don't feel like you need to complete everything listed.*

### DURING GROUP

#### DISCUSS THIS

1. In your own words, how would you define "humility"? And what about "confidence"? (*Ask this question in conjunction with Experience 1.*)
2. In what ways are humility and confidence similar? And in what ways are they not? (*Ask this in conjunction with Experience 1.*)

#### DO THIS (EXPERIENCE 1)

On a posterboard or white board, draw a large Venn diagram of two large circles that overlap in the middle. Put the word "HUMILITY" in one circle and "CONFIDENCE" in the other. Ask your students to brainstorm positive characteristics they can identify about each word and write down their thoughts in the appropriate diagram circles. Where the circles overlap, write down what your Group thinks about how humility and confidence can overlap or work together.

3. How would you describe the difference between being "prideful" and "taking pride in" something?
4. How can you tell when someone is being prideful?

5. What do you think James meant when he wrote that we should “humble ourselves”?
6. What might change about the way you live if you do just that?
7. How might knowing God is near help you with...
  - a. Choosing humility?
  - b. Finding confidence?
8. This week, what’s one step you can take to come closer to God?

### DO THIS (EXPERIENCE 2)

Read the below scenario to your Group. Ask them to discuss how they can demonstrate a balance of humility and confidence in that situation.

**Scenario:** You’re good at basketball, and your team won the state championship because of you. How do you react?

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